

SPIRITUAL DIRECTORS

A spiritual director/guide is a person generally trained to sit with someone and listen to his or her life journey, complete with the connections and disconnects. The director is present to God on the person's behalf in order to be in harmony with God's agenda, not the agenda of either director or directee. Together the director and directee observe the movements in a person's prayer and life to unpack the God moments and nurture the individual's connection with God, with the self, with others and all of creation. Spiritual direction is helpful in accessing what is authentic to the person which is often buried under many layers. Spiritual direction is helpful during all seasons of life, including moments of grieving and discernment.

Rev. Jacki Belile

Living Well Ministries
6554 North Rockwell Street
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jacki@livingwellministries.net

Living Well Ministries (LWM) supports lives of faith, intention, and service through spiritual life coaching, weekly classes, and regular retreats. A certified Life Potentials Practitioner, Jacki also holds an M.Div. and a B.S. in Social Work. Since 2000, Jacki has led retreats and seminars on topics of forgiveness, faith transitions, stress management, sustainable activism, and LGBT/A coming out journeys.

Rev. Joy A. Bergfalk

Life Listening Resources at Labyrinth House
2071 Westfall Road, Rochester, NY
14618
(585) 256-3384
www.lifelisting.com

Brad Berglund

Denver, CO
(720) 489-8073
brad@illuminatedjourneys.com
www.bradberglund.com
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www.reinventionsunday.com

"Retreat leadership and ecumenical pilgrimage experiences."

Gestalt Pastoral Care

76 Clinton Avenue
Staten Island, NY 10301
(718) 273-4941
info@gestaltpastoralcare.com
www.gestaltpastoralcare.com

Gestalt Pastoral Care is an integration of Gestalt work, spiritual companionship, and healing prayer. "In our retreats and training groups, we celebrate the exquisite interplay of emotional healing, spiritual growth, and their close relationship to physicality."

Rev. Val Isenhower

Water in the Desert Ministries
PO Box 65818
Albuquerque, NM 87193
(505) 899-3738
H2Ointhedesert@aol.com
<http://www.waterinthedesert.org>

"I am an ordained American Baptist Minister offering spiritual direction and clergy listening hours (an avenue for pastors to have spiritual guidance as it relates to their ministry). Sessions can be conducted over the phone or in person during a directed retreat in Albuquerque. Together with my colleagues at Water in the Desert Ministries, we offer retreats and workshops on spiritual renewal as well as guidance and training in personal and corporate discernment. I am co-author of two books with The Rev. Dr. Judith A. Todd on spiritual discernment."

Rev. Dave Lundholm
Grand Island, NE
(308) 389-4818
Area.minister.ne@charter.net

“Certified Ministry Coach – willing to coach in all areas including spirituality. My mission is to dream with, equip, and challenge people to be all they have the potential to be.”

Rev. Linda M. Smith
The S.K.Y. Institute
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“I have been a Spiritual Director for over five years and am a member of Spiritual Director International. I received my training through the School of Theology and Ministry, Seattle University. I am also a Spiritual Coach for Pastors.”

Rev. Dr. Jean Wright, LMFT, LMHC
Groton, MA
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Jean is a graduate of the Shalem Institute two-year program for spiritual directors and a member of Spiritual Directors International. She is a retreat and workshop leader. Jean practices in the contemplative tradition and is available to speak with those seeking a spiritual companion as they journey in their faith path. She is affirming of ecumenical and interfaith spiritualities.

Dr. John Zemler, PhD
Marquette University
Milwaukee, WI
414/331-2127

John Zemler is a spiritual director with an unusual background. A former artillery officer, he is disabled and a survivor of both Post Traumatic Stress Disorder (PTSD) and the American Medical Industry. John earned a PhD specializing in Biblical Theology and studies the Christian contemplative tradition. As a spiritual director, John listens to and assists those who seek to learn what God’s love teaches them through prayer and experience. His main focus is on persons who have experienced trauma and are affected by PTSD, including victims, perpetrators, or observers, whether in the military or in abuse by clergy, teachers, or others in authority. He also works with students on vocation discernment.